Name: […] Aktenzeichen: […]

|  |  |  |
| --- | --- | --- |
| Untersuchungstag: […] | | |
| Standbein: | rechts | links |

**Messblatt für untere Gliedmaßen (nach der Neutral - 0 - Methode)**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Hüftgelenke:** | Rechts | | | Links | | |  | 4224_Abb  Streck./Beugg. Abspreiz./Anführen  Abb. 1a Abb. 1b Abb. 2  4224_Abb  Drehg. ausw./einw. Drehg. ausw./einw.  Abb. 3 Abb. 4  4224_Abb  Streck./Beugg. Abb. 5  4224_Abb  Heben/Senken Abb. 6  4224_Abb  Gesamtbeweglichkeit  Abb. 7 a Abb. 7 b  Außenrand heben Außenrand senken |
| Streckung / Beugung (Abb.1 a und 1 b) | […] | […] | […] | […] | […] | […] |  |
| Abspreizen / Anführen (Abb. 2) | […] | […] | […] | […] | […] | […] |  |
| Drehung auswärts / einwärts (Hüftgelenk. 90° gebeugt) (Abb. 3) | […] | […] | […] | […] | […] | […] |  |
| Drehung auswärts / einwärts (Hüftgelenk gestreckt) (Abb. 4) | […] | […] | […] | […] | […] | […] |  |
| **Kniegelenke:** |  | | | | | |  |
| Streckung / Beugung (Abb. 5) | […] | […] | […] | […] | […] | […] |  |
| **Obere Sprunggelenke:** |  | | | | | |  |
| Heben / Senken des Fußes (Abb. 6) | […] | […] | […] | […] | […] | […] |  |
| **Untere Sprunggelenke:** |  | | | | | |  |
| Gesamte Beweglichkeit (Fußaußenrand heben Abb. 7 a / senken Abb. 7 b) | […] | | | […] | | |  |
| (in Bruchteilen der normalen Beweglichkeit) |  | | | | | |  |
| **Zehengelenke:**  (in Bruchteilen der normalen Beweglichkeit) | […] | | | […] | | |  |
| **Umfangmaße in cm:** |  | | | | | |  |
| 20 cm ob. innerer Knie-Gelenkspalt | […] | | | […] | | |  |
| 10 cm ob. innerer Knie-Gelenkspalt | […] | | | […] | | |  |
| Kniescheibenmitte | […] | | | […] | | |  |
| 15 cm unterhalb innerer Gelenkspalt | […] | | | […] | | |  |
| Unterschenkel, kleinster Umfang | […] | | | […] | | |  |
| Knöchel | […] | | | […] | | |  |
| Rist über Kahnbein | […] | | | […] | | |  |
| Vorfußballen | […] | | | […] | | |  |
| **Beinlänge in cm:** |  | | | | | |  |
| Vorderer oberer Darmbeinstachel  - Außenknöchelspitze | […] | | | […] | | |  |
| **Stumpflänge in cm:** |  | | | | | |  |
| Sitzbein - Stumpfende | […] | | | […] | | |  |
| Innerer Knie-Gelenkspalt - Stumpfende | […] | | | […] | | |  |